

Table 70. Overweight children and adolescents 6–19 years of age, according to sex, age, race, and Hispanic origin: United States, selected years 1963–65 through 1988–94

[Data are based on physical examinations of a sample of the civilian noninstitutionalized population]

Age, sex, race, and Hispanic origin ¹	1963–65 1966–70 ²	1971–74	1976–80 ³	1988–94
6–11 years of age				
Percent of population				
Both sexes	4.2	4.0	6.5	11.4
Boys	4.0	4.3	6.6	11.8
White	4.4	4.1	6.7	11.6
Black	1.6	5.3	6.7	12.3
White, non-Hispanic	---	---	6.1	10.9
Black, non-Hispanic	---	---	6.8	12.3
Mexican	---	---	13.3	17.7
Girls	4.5	3.6	6.4	11.0
White	4.5	3.7	5.7	9.8
Black	4.5	3.3	11.1	16.9
White, non-Hispanic	---	---	5.2	9.8
Black, non-Hispanic	---	---	11.2	17.1
Mexican	---	---	9.8	15.3
12–19 years of age				
Both sexes	4.6	6.1	5.0	10.5
Boys	4.5	5.4	4.5	11.3
White	4.7	5.5	4.6	12.1
Black	3.1	5.0	4.8	10.4
White, non-Hispanic	---	---	3.6	11.6
Black, non-Hispanic	---	---	4.9	10.7
Mexican	---	---	7.7	14.1
Girls ⁴	4.7	6.7	5.4	9.7
White	4.5	6.1	4.7	9.0
Black	6.4	10.1	10.0	16.3
White, non-Hispanic	---	---	5.0	8.9
Black, non-Hispanic	---	---	10.3	16.3
Mexican	---	---	9.1	13.5

--- Data not available.

¹The race groups, white and black, include persons of Hispanic and non-Hispanic origin. Conversely, persons of Hispanic origin may be of any race.

²Data for 1963–65 are for children 6–11 years of age; data for 1966–70 are for adolescents 12–17 years of age, not 12–19 years.

³Data for Mexicans are for 1982–84. See Appendix I.

⁴Excludes pregnant women starting with 1971–74. Pregnancy status not available for 1963–65/1966–70.

NOTES: Overweight is defined as body mass index (BMI) at or above the sex- and age-specific 95th percentile BMI cutoff points from the revised CDC Growth Charts: United States. Advance data from vital and health statistics; no. 314. Hyattsville, Maryland: National Center for Health Statistics. 2000. Age is at time of examination at mobile examination center. This table differs from the previous edition of *Health, United States* because overweight is based on a different standard. Crude rates, not age-adjusted rates, are shown.

SOURCE: Centers for Disease Control and Prevention, National Center for Health Statistics, Division of Health Examination Statistics. Unpublished data.