

HEALTHY

*Parents + Healthy
Kid's + Healthy
Schools + Healthy
Communities =*

Healthy World



Advisory Board

Jowilla Secoy, S-I Health Network; Community Encourager; Carolyn Newhof, and Irma Johnson and Cary Christian Center; Beth Arrington, South Delta Elementary; Menu Duthu, Heritage Nursing Home ; Andrew George, Sharkey/Issaquena Hospital; Cary Dinning, Sharkey Issaquena Health Department; Collie Barnes, True Light Headstart; Susie Evans, Executive Director MCFS; Joyce Small, Community Representative, Westeen Young, Headstart Center Manager; Johnny Brown, Director Sharkey/Issaquena Mental Health Director; Fannie Sampson, Pam Hengst, Family and Children Services-DHS; Dr. Dan Jackson, Jackson Rural Health Clinic; Murinda Williams, Sharkey Circuit Chancery Clerk

The advisory board is a diversified group that will participate in the planning and implementation of **Place Matters**.

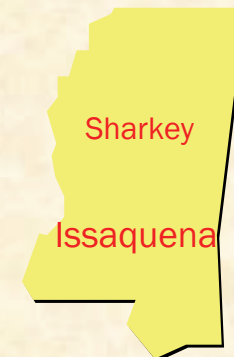
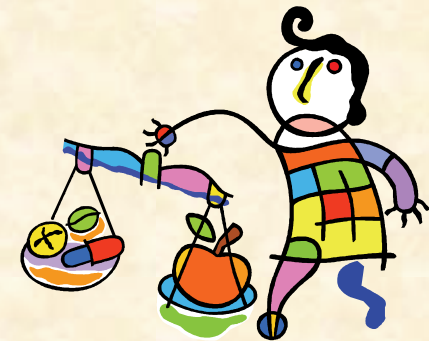
Team Members

Angelia Eason, Andrew George, M.D., Barbara Jackson, Ruthie Kelly, Jowilla Secoy

SIHN Phone 662-873-5178

PLACE MATTERS

A Childhood Obesity Prevention Initiative



PLACE MATTERS

What is Place Matters?

Place Matters is the Joint Center's Health Policy Institute approach to reducing/eliminating health disparities by identifying the underlining causes and defining strategies to address them.

Sharkey/Issaquena Place Matters team will focus on the childhood obesity problems by partnering with the local schools and faith-based groups

Mission Statement: To reduce childhood obesity in African Americans by increasing awareness, creating health prevention programs and improving effective community collaboration.

Primary Target Childhood Obesity



Mississippi leads the nation in childhood obesity.

#1 in the nation in cardiovascular disease

#2 in the nation in Type II diabetes

#3 in the nation in stroke-related deaths

What can you do to help?

Utilize available information and resources that could help your family and community become more aware about health related issues.

Teach your family healthy eating habits.

Be a role model for your child.

Organize a walking event or an exercise program with your faith-based organization, neighborhood or family.

Incorporate healthy living style lessons into your weekly bible class.

Resources

What the Bible Says About Healthy Living by Rex Russell

Let's Go Walking Mississippi is a community based program sponsored by Blue Cross and Blue Shields of Mississippi. Go to

www.letsgowalkinms.com